



WHITTLESEA & WOODLANDS DIVISION

CROSS COUNTRY CHAMPIONSHIPS

Tuesday 25th May 2021

BUNDOORA PARK

Supported By Health Guard First Aid Training Services



A dark green rectangular banner. On the left is a red heart shape with a white ECG line passing through it. To the right of the heart, the text 'Book online or call today 1300 001 302' is written in white. Below that, 'Nationally Recognised Training' is written in a smaller white font. The main text 'HEALTHGUARD FIRST AID TRAINING SERVICES' is in large, bold, white, sans-serif capital letters. At the bottom, the website 'healthguardfirstaid.com.au' is written in white.

**WHITTLESEA & WOODLANDS DIVISION
CROSS COUNTRY CHAMPIONSHIPS
BUNDOORA PARK Tuesday 25th May 2021.**

The WHITTLESEA/WOODLANDS PRIMARY DIVISION Cross Country Championships
will be conducted at **Bundoora Park on Tuesday 25th May 2021.**

The Program of events for the Whittlesea Division will commence at 10.00am.

COVID -19 restrictions apply to this Event: A **Maximum** of **ONE** Supervising Adult per runner will be permitted.
Competitors travel with schools where possible.

We ask that you adhere to event times and also vacate the venue after your events have been completed, to allow the event
to stay within capacity limits. Face masks to be carried and worn if not able to Socially Distance 1.5m

EVENTS	DISTANCE	TIME	DIVISION
1. 10 YEARS GIRLS & 9-13 Girls Multi Class	2000M	10.00 am	Whittlesea
2. 10 YEARS GIRLS & 9-13 Girls Multi Class	2000M	10.15 am	Woodlands
3. 10 YEARS BOYS & 9-13 Boys Multi Class	2000M	10.30 am	Whittlesea
4. 10 YEARS BOYS & 9-13 Boys Multi Class	2000M	10:45am	Woodlands
5. 11 YEARS GIRLS	3000M	11.00am	Whittlesea
6. 11 YEARS GIRLS	3000M	11:15am	Woodlands
7. 11 YEARS BOYS	3000M	11.30 am	Whittlesea
8. 11 YEARS BOYS	3000M	11:45am	Woodlands
9. 12/13 YEARS GIRLS	3000M	12:00pm	Whittlesea
10. 12/13 YEARS BOYS	3000M	12:15pm	Woodlands
11. 12/13 YEARS BOYS	3000M	12.30 pm	Whittlesea
12. 12/13 YEARS GIRLS	3000M	12.45 pm	Woodlands

**ALL COMPETITORS SHOULD ENSURE THAT THEY ARRIVE 20 MINS PRIOR TO THEIR RACE.
THE FIRST EVENT WILL COMMENCE AT 10:00AM**

ENTRIES:

Districts may enter up to **8** competitors per event. District Coordinators: Please complete the link sent to you before **Thursday 20th May 2021**. Any queries, please contact your Division Coordinator - Whittlesea Division – Brett McCarthy bmccarthy@sfmillpark.catholic.edu.au or the Woodlands Division – Heath Yasunaga Heath.Yasunaga@education.vic.gov.au

OFFICIALS:

Each district will need to provide 3 Officials / Course Marshalls who will need to report to Brett McCarthy at the Marshall's table by 9:30am. Those people who are given the role of a course marshal, will be transported to various marshalling points around the course.

PRESENTATIONS:

On the day of the X-country the first 3 place-getters in each event will receive ribbons, however, the first 10 will represent their Division at the NMR Cross Country Carnival on **Wednesday 23rd June 2021** at Bundoora Park.

WEATHER:

It is highly unlikely that the decision to postpone the Championships will be made on the day of the event. If the forecast weather or track conditions are expected to be too bad to conduct the event, the decision to postpone the event, or change the venue, will be made no later than lunchtime on the day prior to the event. Once the event commences, the remaining races will not be postponed to another day unless there are very exceptional circumstances. If the weather turns 'bad', it can be expected that the remaining races will commence earlier than advertised time or the program will stop until the weather improves.

PLEASE NOTE:

- **Transport to this event is the RESPONSIBILITY OF THE INDIVIDUAL Competitor.**
- Suitable attire for weather and running should be worn eg. Footwear must be worn (no spikes), shorts, loose top.
- Athletes will need to bring along a drink, snacks, and warm clothing for when not running etc.
- Bundoora Park located in Plenty Rd, Bundoora. Melways Map 19
- All Athletes require their unique event **Athlete ID** to be clearly displayed on the back of their hand.
- **MEDICATION, THIS IS VITALLY IMPORTANT (asthma and anaphylactic)**

ANY QUERIES CONTACT Brett or Heath